



Short Track Speed Skating Handbook

Short Track Speed Skating

Director of Speed Skating: TBD

Jury of Appeal

- ICG Kelowna Chief Referee
- ICG Technical Commission Member
- ICG Kelowna 2011 Technical Director

Eligibility and Team Composition:

- 2 male and 2 female athletes
- 1 Coach, 1 Manager (opposite genders)
- Children must be 12 by Jan. 1 the year of the Games and not turn 16 the year for the Games (Dec. 31)
- Athletes will compete with those of the same gender except in the case of relays

Entry Submissions

- Skaters will be seeded into same gender/combined age groups divisions using their season best 500m time. Teams are required to submit their times on the entry document.

Course

NHL size surface (85' x 200') will be used with a 111.12m track

Events

- 500m and 1500m
- 2000 or 3000 m relay comprised up of 4 skaters

Relay Format

- Relays will be categorized based on teams of four skaters:

Top 16 times will be seeded in Division A

Top 17-32 skaters will be seeded in Division B

Technical Meeting

The Speed skating Technical Meeting will be held on Jan 26, 2011. Time and Place TBD
All coaches expected to attend.

Disputes

- Any disputes will be settled by the Jury of appeal.
- ISU rules shall be utilized throughout the competitions. Speed Skating Canada rules shall prevail where an ISU rule does not address a point.

Equipment

- Athletes are responsible for providing their own equipment.
- All skaters are required to wear helmets (ISU approved), Kevlar bib-like neck protectors, cut resistant gloves, knee pads and shin guards in addition to a team racing suit.
- Timing Equipment: Manual timing will be used. Electronic timing will not be provided.

Presentation of Medals:

The Following Medals will be awarded:

- GOLD – For individual and teams ranking first in the competition
- SILVER - For individual and teams ranking second in the competition
- BRONZE - For individual and teams ranking third in the competition

Venue: Capital News Centre

- 100m oval on a 200 x 85 indoor ice surface(NHL Size rink)

